#### Aug 17 EAPL's 3rd Annual Creekside BBQ Fundraiser at Cactus Jack's

Date: August 17, 2016

Time: 12:00 AM - 11:59 PM Website: http://www.eapl.com

### Aug 17 Outdoor Personal Training Boot Camp

No matter what other classes you attend or workouts you currently do on a regular basis, these are meant to be group work outs tailored by a personal trainer. They will be full body but unique activities that mimic other work outs and just support your overall development.

**Date:** August 17, 2016 **Time:** 9:00 AM - 10:00 AM

Website: http://trainingwithaltitude.com

Location: This event will be held at Bergan Park Open Space!

Contact: Jeanie Boymel At (303) 503-5036

Email: jeanie@trainingwithaltitude.com

Date/Time Details: This boot cam will be in the 17th of August from 9 am until 10 am.

Fees/Admission: \$5 per person for clients and \$7 per person for non-clients.

#### Aug 17 Wednesday Wild Ones: Elk, Deer, Moose, and more

Bring your young child (ages 3-5) to the Evergreen Nature Center to explore a fun nature themed topic. This month we'll be exploring the deer, elk, moose, and other hoofed animals that make our area home. We'll play games, do some crafts, sing songs, read stories, and learn all these exciting animals.

**Date:** August 17, 2016

Time: 10:00 AM - 11:00 AM

Website: http://www.evergreenaudubon.org/events/wednesday-wild-ones-elk-deer-moose-and-

more/

Location: The program will be in the Evergreen Nature Center at Evergreen Lake

Contact: Colleen Kulesza, Director, Evergreen Nature Center

Email: encdirector@evergreenaudubon.org

Date/Time Details: Wednesday, August 17th, 10am-11am

Fees/Admission: This is a free program offered by Evergreen Audubon. Please register ahead of time so we

know how many people to expect. There is a minimum and maximum number of

registrants.

### Aug 17 Denver 16th Annual Diversity Employment Day Career Fair

30+ Employers! 100's of Positions! Email your Resume, in advance, to fasttrack@citycareerfair.com with DENVER in the Subject line and we'll send you a code that will allow you to skip the line! Meet AMAZING Employers!

**Date:** August 17, 2016

Time: 11:00 AM - 3:00 PM
Website: www.citycareerfair.com

Location: Doubletree by Hilton Stapleton North (4040 Quebec St, Denver, CO 80216)

**Contact:** Katherine

562-863-9042

Email: Katherine@citycareerfair.com

Date/Time Details: 11 AM - 3 PM

Fees/Admission: FREE

### Aug 17 College Planning 101

Teens and their parents will discuss the college admissions process and gain an understanding of how to choose the right college prep curriculum, which standardized tests to take, when and how to find colleges that will be the best fit, and how to get the most college money and scholarships

Date: August 17, 2016

Time: 6:30 PM - 7:30 PM

Website: http://www.eventkeeper.com/code/events.cfm?curOrg=JCPL&curKey1=Evergreen

%20Library&curKey2=Teens

Location: Evergreen Library

Contact: Rachel Haggett- Teen Services Librarian

Email: Rachel.Haggett@jeffcolibrary.org

**Date/Time Details:** August 17, 2016, 6:30-7:30 pm

Fees/Admission: None. This is a free event.

Aug 18 The Power of the Inbox: Tips and Tricks for Successful Email Marketing

What is the first impression <u>you</u> give when email recipients see you in their email inbox? And when they see you there, what do they <u>do</u>?

This powerful workshop takes you step-by-step through the keys to effective email marketing:

- What it <u>really</u> is (and isn't)
- What it can do for your business
- And the **five easy steps** you must take to harness the power of the inbox!
- o Grow a healthy list
- o Create great content
- o Customize a beautiful, mobile-friendly template that matches your brand
- o How to get your emails opened
- o Tracking your results

From revealing why regular email doesn't work, to insider tips and techniques like automated list building tools and the design elements that work (and those that don't!), this workshop will give you the keys to the <u>most effective</u> marketing you can do: email marketing.

**Date:** August 18, 2016 **Time:** 3:00 PM - 4:30 PM

Website: http://www.jeffcobrc.org

Location: Jeffco BRC

1667 Cole Blvd. Bldg. 19, Ste. 400 Lakewood, CO 80401

**Contact:** Amira Watters

303-996-8976

Email: awatters@jeffcobrc.org

Date/Time Details: Thursday, August 18, 2016

3:00 pm - 4:30 pm

Fees/Admission: Free- but advanced registration is appreciated

Aug 19 Curves of Evergreen - OPEN HOUSE

**Starting Friday, August 19th**, Evergreen Curves will have Ribbon Cutting & Open House with Free Trial Workout Week at the "Newly Relocated" **Curves Suite #111 Castle Court**. Open House Festivities Start 9 am, Ribbon Cutting 12 noon, Raffle Drawing 12:30 & Free Week Trial August 19th-26th.

According to a new survey conducted online by Harris Poll on behalf of Curves, nearly seven in ten (67%) women responded would like more "me time" in a given week for their personal interests and hobbies. Fitness and wellness activities such as going to the gym or exercising rank among the top four ways to spend "me time," but six in ten (57%) women feel that typical gym workouts are too time-consuming. Fortunately, Curves offers an efficient, effective 30-minute option that allows women to work out – with friends– and still have extra "me time" for other hobbies and interests.

During the Open House week, non-members will have the opportunity to work out for free on the Curves circuit, including experiencing Curves Workouts with Jillian Michaels, which are full body workouts that change each month. Those who join that same day will receive 30 days free on their membership. In addition, Curves of Evergreen will offer healthy snacks and other raffles and giveaways in celebration of the Open House.

Date: August 19, 2016

Time: 12:00 AM - 11:59 PM Website: http://www.curves.com

Location: 32156 Castle Court, #111, Evergreen

Contact: Stephanie Nardi 303-679-0424

Email: curvesevergreen@gmail.com

Date/Time Details: Friday, August 19th

​ Open House Festivities Start 9 am, Ribbon Cutting 12 noon, Raffle Drawing 12:30

& Free Week Trial August 19th-26th.

Fees/Admission: Free

### Aug 19 CONIFER LOVES MUSIC series debuts at STAGEDOOR THEATRE

StageDoor Theatre and Water Pig Music are proud to announce the inaugural season of the Conifer Loves Music series, where world-class touring acts meet local favorites in the intimate setting of Conifer's StageDoor Theatre. Embraced in the atmosphere of a living playhouse where a focus on the crossroads of story-telling and music make a unique entertainment experience, world class touring acts and local favorites will weave a spell with folk, americana and genre defying acts. Who will these groups be? To name a few: Terri Hendrix and Lloyd Maines, Chris Velan, Open To the Hound and Unnamed Moons are only a few who will grace the stage throughout the next year. Visit www.coniferlovesmusic.com for the full schedule. On August 19 & 20, 2016, the evening will feature Unnamed Moons, from Denver and Sweet Shine and Honey, out of San Antonio, Texas. The series will be held at StageDoor Theatre, 25797 Conifer Road, Conifer CO 80433. Tickets range from \$15 to \$20 and will be on sale at www.stagedoortheatre.org. All events begin at 7 PM MST.

**Date:** August 19, 2016 **Time:** 7:00 PM - 9:30 PM

Website: http://www.stagedoortheatre.org

Location: StageDoor Theatre 25797 Conifer Road Conifer, Colorado 80433

Contact: StageDoor Theatre

303-838-0809

Email: info@stagedoortheatre.org

Date/Time Details: August 19 & 20, 2016 7:00 - 9:30 PM

Fees/Admission: \$15 - \$20

#### Aug 19 Explore More! Evening Nature Walk

When the woods and meadows get dark, some animals get more active. Join us on this evening walk and learn about all the critters that are active at night.

**Date:** August 19, 2016 **Time:** 7:30 PM - 8:30 PM

Website: http://www.evergreenaudubon.org/events/explore-more-evening-nature-walk/

Location: This program will meet in the west parking area of Alderfer Three Sisters Park (Jeffco

Open Space).

Contact: Colleen Kulesza, Director, Evergreen Nature Center

**Email:** encdirector@evergreenaudubon.org **Date/Time Details:** Friday, August 19th, 7:30 to 8:30 pm.

Fees/Admission: This is a free program offered by Evergreen Audubon. Please register online so we know

how many people plan to attend. There is a minimum and maximum registration number.

### Aug 20 3rd Saturday Explore More! Bird Walk

Chuck Aid, one of our experienced birders, will guide an early morning birdwatching adventure. Often there are other elements of nature that are discovered and discussed during the adventure. Be prepared with water, snack, binoculars, comfortable shoes and dress for the weather. These walks are for Evergreen Audubon members and their guests. Non-members won't be turned away, but will be encouraged to join Evergreen Audubon.

**Date:** August 20, 2016

Time: 7:00 AM - 12:00 PM

Website: http://www.evergreenaudubon.org/events/aug-20-third-saturday-explore-more-bird-walk/

Location: This month we will be going to the Bergen Peak State Wildlife Area.

Meet at Evergreen Library at 7:00 AM, where we will consolidate ourselves into as few cars

as possible.

Contact: Colleen Kulesza, Director, Evergreen Nature Center

Email: encdirector@evergreenaudubon.org

Date/Time Details: Saturday, August 20th from 7am to 12 noon.

Fees/Admission: This is a free program offered by Evergreen Audubon but you must register to attend this

event. If you are registering for more than one person, please enter each person separately. Our event is filled when we have 15 registrants, and this helps prevent us

from overbooking our walks. Thanks

#### Aug 20

#### CONIFER LOVES MUSIC series debuts at STAGEDOOR THEATRE

StageDoor Theatre and Water Pig Music are proud to announce the inaugural season of the Conifer Loves Music series, where world-class touring acts meet local favorites in the intimate setting of Conifer's StageDoor Theatre. Embraced in the atmosphere of a living playhouse where a focus on the crossroads of story-telling and music make a unique entertainment experience, world class touring acts and local favorites will weave a spell with folk, americana and genre defying acts. Who will these groups be? To name a few: Terri Hendrix and Lloyd Maines, Chris Velan, Open To the Hound and Unnamed Moons are only a few who will grace the stage throughout the next year. Visit www.coniferlovesmusic.com for the full schedule. On August 19 & 20, 2016, the evening will feature Unnamed Moons, from Denver and Sweet Shine and Honey, out of San Antonio, Texas. The series will be held at StageDoor Theatre, 25797 Conifer Road, Conifer CO 80433. Tickets range from \$15 to \$20 and will be on sale at www.stagedoortheatre.org. All events begin at 7 PM MST.

> Date: August 20, 2016 Time: 7:00 PM - 9:30 PM

Website: http://www.stagedoortheatre.org

Location: StageDoor Theatre 25797 Conifer Road Conifer, Colorado 80433

Contact: StageDoor Theatre 303-838-0809

Email: info@stagedoortheatre.org

**Date/Time Details:** August 19 & 20, 2016 7:00 – 9:30 PM

Fees/Admission: \$15 - \$20

#### Aug 20

### Stargazing and Storytelling

Gazing up at the sky at night often leads to many questions and creative stories. Join one of our naturalists. Pam Little, as she shares her knowledge of the constellations and shares stories people have told about the stars and planets we see in the sky.

**Date:** August 20, 2016

Time: 8:00 PM - 9:30 PM

Website: http://www.evergreenaudubon.org

Location: The program will be at Evergreen Lake on the grassy area next to the Lake House.

Contact: Colleen Kulesza, Director of the Evergreen Nature Center

Email: encdirector@evergreenaudubon.org

Date/Time Details: August 20th from 8pm to 9:30pm

Fees/Admission: This is a free program offered by Evergreen Audubon. Please register ahead of time so we

know how many folks are attending. In the event of low registration, the program will be

cancelled, so be sure to let us know you are coming.

### Aug 21 Emergency Shelter Program (ESP) Volunteer Training

Volunteers needed - Volunteer Training for all interested in the Emergency Shelter Program (ESP).

**Date:** August 21, 2016 **Time:** 1:00 PM - 4:00 PM

Website: http://www.evergreenchristianoutreach.org

Location: Church of the transfiguration, Douglas Hall 27640 Highway 74, Evergreen

**Contact:** esp@evergreenchristianoutreach.org **Email:** esp@evergreenchristianoutreach.org

Date/Time Details: 8/21/16 1-4 PM

Fees/Admission: Free

## Aug 21 Taste of Hemp Way Evergreen

Hemp Way Foods is announcing our crowdfunding campaign by hosting a FREE hemp tasting event "Taste of Hemp Way Foods". Come by anytime between 2pm & 6pm to enjoy our free hemp appetizers and learn more about Hemp Way Foods. The Woodcellar has been so gracious to offer their back room and patio for our event. We will have a variety of appetizers showcasing our deliciously healthy hemp burgers & hemp crumbles. Come by and learn about this beautiful plant that provides so much nutrition. Learn about our growing company and taste our delicious hemp food. We are launching crowdfunding and ready to grow to amazing heights of regional retail distribution. Come be a part of this amazing event! Family friendly event with outdoor games, face painting, door prizes & lots of Hemptastic fun! Please invite and share this HEMP event; everyone is welcome!

**Date:** August 21, 2016 **Time:** 2:00 PM - 6:00 PM

Website: http://hempwayfoods.com

Location: The Woodcellar 1552 Bergen Pkwy. Evergreen, CO. 80439

Contact: Carla Boyd 720.205.2100

Email: carlaboyd54@gmail.com

Date/Time Details: August 21st 2pm - 6pm

Fees/Admission: Free

#### Aug 22

#### **Outdoor Personal Training Boot Camp**

No matter what other classes you attend or workouts you currently do on a regular basis, these are meant to be group work outs tailored by a personal trainer. They will be full body but unique activities that mimic other work outs and just support your overall development.

**Date:** August 22, 2016

Time: 8:00 AM - 9:00 AM

Website: http://trainingwithaltitude.com

**Location:** This Event will take place at Flying J Picnic Area.

Contact: Jeanie Boymel at (303) 503-5036

Email: jeanie@trainingwithaltitude.com

Date/Time Details: This event will be held on the 22nd of August from 8 am until 9 am.

Fees/Admission: \$5 per person for existing Clients and \$7 for non-clients.

#### Aug 23

### **SBA Start-Up Financing Workshop**

The SBA extends financial assistance to for-profit small businesses through its lending partners, such as banks, certified development companies and micro loan intermediaries.

This workshop will cover:

-Commercial Financing Basics

-Overview of SBA Lending Programs and Services

-Quick Review of alternative lending programs

-5 C's of Credit

And More! Plenty of time for Q & A

**Date:** August 23, 2016

Time: 6:00 PM - 7:30 PM

Website: http://www.jeffcobrc.org

Location: Denver West Office Park

1726 Cole Blvd

Bldg. 22, 1st Floor Conference Room

Lakewood, CO 80401

**Contact:** Amira Watters

303-996-8976

Email: awatters@jeffcobrc.org

Date/Time Details: Tuesday August 23, 2016

6:00 pm - 7:30 pm

Fees/Admission: Free- but advanced registration is appreciated

#### Aug 23 T.R. Reid on health care amendment

What will it mean to vote "Yes" on Amendment 69 in November? Also known as ColoradoCare or Initiative 20, it would create a health care payment system to provide coverage for all residents of the state. T. R. Reid, the author of "The Healing of America," is an expert on global healthcare systems. He will speak and answer questions on Aug. 23 from 7 to 9 p.m. at St. Anthony Hospital, (south entrance) 11600 W. 2nd Place, Lakewood. The event, hosted by the League of Women Voters of Jefferson County, will be free and open to the public. For more information about the event, visit www.lwvjeffco.org. An explanatory booklet and list of supporters for Yes on Amendment #69, can be found at www.coloradocare.org.

**Date:** August 23, 2016 **Time:** 7:00 PM - 9:00 PM

Website: http://www.lwvjeffco.org

Location: St. Anthony Hospital (south entrance) 11600 W. 2nd Place Lakewood

Contact: Karen Groves

303-670-1275

Email: karentgroves@comcast.net

Date/Time Details: Aug. 23 7-9 p.m.

Fees/Admission: Free

#### Aug 24 Mental Health First Aid for Older Adults Class

Mental Health First Aid USA for Older Adults is an 8 hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adults over the age of 65, builds understanding of the importance of early intervention, and teaches individuals how to help an older adult in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect older adults to professional, peer, social, and self-help care.

Date: August 24, 2016

Time: 8:30 AM - 4:30 PM

Website: https://www.eventbrite.com/e/older-adult-mental-health-first-aid-wednesday-august-24-830

-am-430-pm-tickets-26281166677

Location: Doubletree by Hilton Denver - Westminster

8773 Yates Drive Westminster, CO 80031

Westimister, 66 66691

Contact: Canice Rupp - 303-432-5137

Email: CaniceR@jcmh.org

Date/Time Details: Wednesday, August 24th, 2016

8:30am to 4:30pm

Fees/Admission: FREE

### Aug 24 **2016 Evergreen Summer Concert Series #7**

Evergreen Park & Recreation District, with Evergreen Lake Presents, presents the 7th concert of the season on Wednesday, Aug. 24, at Evergreen Lake Park.

# **TUNISIA**

## **ARENA ROCK ALL-STARS**

Free concerts run every other Wednesday from 5-9 PM. Lake parking is limited, with 50 VIP spots available for \$15 each or discounted rate when you purchase the entire series. (Call 720-880-1300 to reserve.) Attendees are encouraged to carpool and/or park at a satellite lot (Wulf Rec Center or Christ the King Church) and take a free shuttle.

Learn more at evergreenlakepresents.com.

**Date:** August 24, 2016 **Time:** 5:00 PM - 9:00 PM

Website: http://evergreenlakepresents.com/

Location: Evergreen Lake House, 29612 Upper Bear Creek Rd, Evergreen, Colorado 80439

Contact: 303.385.7827 Email: info@eprd.co

Date/Time Details: Aug. 24, 5-9 PM

Fees/Admission: FREE

