

Jul 30 - Sep 04

Hidden Links: Exploring Jewish Identity ? The Work of Yona Verwer and Cynthia Beth Rubin

Artists and collaborators, Cynthia Beth Rubin and Yona Verwer are exhibiting works created together and separately, demonstrating how very different paths led each artist to an exploration of Jewish history and heritage that naturally culminated in a collaborative works. Working together as interpreters of history and heritage as they, photograph, document, represent, and weave together the stories of the past and the present.

Their newest collaborative work incorporates the innovative use of Augmented Reality. For more information, go to: <http://history-heritage-lowereastside.blogspot.com>



Sponsored by:

Date: July 30, 2015 - September 4, 2015

Time: 04:00 PM - 07:00 PM

Website: <http://education@evergreenarts.org>

Location: CAE Gallery

Contact: Stephanie Perkins

Email: curator@evergreenarts.org

Date/Time Details: July 30, 2015 to September 4, 2015 Opening: Thursday, July 30, 4-7 pm

Fees/Admission: Free

Jul 31 - Aug 26

Tails of the Painted Cats - exhibit

"TAILS OF THE PAINTED CATS" ON DISPLAY AT MAIN STREET GALLERY IN EVERGREEN

Opening Reception

Friday, July 31

5-8 p.m.

Come to Evergreen for a purr-r-r-fect day in the cool mountain air!

Main Street Gallery in Evergreen, has the pleasure of displaying the Cat Care Society's "Tails of the Painted Cats 2015" featuring 23 one-of-a-kind fiberglass cats, expertly painted by accomplished local artists.

As in past years, all but one cat will be available for auction – both online and at the gala – with a special, featured cat that can be purchased by raffle only. This year's raffle cat, Dale Cat-Huly, was created by artist Carla Pawlewicz. To view all the 2015 painted cats and participate in advance bidding, visit: bidonacat.blogspot.com

The Cat Care Society (CCS) annual benefit, Tails of the Painted Cats (TOPC), returns for its fifth consecutive year to raise funds for the shelter's homeless cats and community outreach programs. Auction of the painted cats occurs at the Gala Dinner & Auction on October 10, 2015, at Pinehurst Country Club. CBS4 Weather Anchor, Ed Greene, returns this year as Master of Ceremonies, joined by former-Mayor of Cherry Hills Village, Doug Tisdale, as auctioneer. Renowned Colorado plein-air and studio landscape artist, Cheryl St. John, served as jurist for this year's "Tails of the Painted Cats."

The cats will be on Display from July 31 - Aug 26, 2015

Main Street Gallery

28186 Hwy 74

Evergreen, CO 80439

303-670-7222

www.mainstreetfineart.org

www.catcaresociety.com

Date: July 31, 2015 - August 26, 2015

Website: <http://www.mainstreetfineart.org>

Location:

Main Street Gallery

28186 Hwy 74

Evergreen, CO 80439

303-670-7222

www.mainstreetfineart.org

www.catcaresociety.com

Contact: Beth Riser - 303-670-7222

Date/Time Details: **"TAILS OF THE PAINTED CATS" ON DISPLAY AT MAIN STREET GALLERY IN EVERGREEN**

Opening Reception

Friday, July 31

5-8 p.m.

The cats will be on Display from July 31 - Aug 26, 2015

Fees/Admission: Free

Aug 18 - Aug 19 **USA Pro Challenge - Stage 3 Start**

Copper Mountain plays host to its first ever US Pro Challenge - also known as America's Race - and sends off Stage 3 in style. Familiar terrain and faces await the racers on Independence Pass and Aspen. Copper will kick off on Tuesday night with free live entertainment with festival in full swing on Wednesday morning at 9:00AM. In addition to going shoulder to shoulder with the world's greatest cyclists, spend the day at Copper and partake in an unforgettable mountain festival with entertainment, live music and cycling-centered activities.

Date: August 18, 2015 - August 19, 2015

Website: <http://prochallenge.coppercolorado.com/>

Location: Copper Mountain

Date/Time Details: August 18th 5:30 pm - 9:00 pm August 19th 9:00 am - 5:30 pm

Aug 19 **Women 2 Women Leads Group**

Come and join this new group where women come together to share ideas, thoughts, and leads.

**Please call to confirm your visit to the group prior to attending!

Date: August 19, 2015

Time: 09:00 AM - 10:00 AM

Location: Currently meeting at Stagecoach Sports Grill. Please call Colleen Wilkinson to verify location and meeting dates before attending.

Contact: Colleen Wilkinson (303) 526-2729

Email: crwilkinson123@msn.com

Date/Time Details: the 1st and 3rd Wednesday of every month, 9-10a

Fees/Admission: \$45 per year

Aug 19

Evergreen Chamber Board of Directors Meeting

Monthly Board Meeting

Date: August 19, 2015

Time: 04:30 PM - 06:00 PM

Website: <http://www.evergreenchamber.org>

Location: ReMax Alliance Evergreen - Board Room
30480 Stagecoach Blvd., (upstairs from Chamber office)
Evergreen, CO 80439
303.670.3200

Contact: 303 674 3412

Email: admin@evergreenchamber.org

Date/Time Details: Every Third Wednesday, 4:30p.m.

Aug 20

Ladies' Day Thursday - 1/2 price for ladies on Thursdays @ Cowork Evergreen

Ladies' Day Thursdays

Join us every Thursday in 2015 for 1/2 price entry to Cowork Evergreen and enjoy quality time with your local businesswomen friends. We look forward to bonding with all our new girlfriends – see you soon!

For special pricing - sign up here: [Ladies Day Special Sign Up](#)

For questions and more info: CoworkEvergreen.com

- or email: CoworkEvergreen@gmail.com

Date: August 20, 2015

Website: <http://coworkevergreen.com/>

Location: Cowork Evergreen 30706 Bryant Drive #108 Evergreen, CO 80439

Contact: KatyCoworkEvergreen@gmail.com

Email: coworkevergreen@gmail.com

Date/Time Details: Thursdays 9 am - 5 pm

Fees/Admission: \$7.50 Day drop-in

Aug 20

Satori Yoga with Stacey Bickler ~ Thursdays from 10-11:30 am

Satori Yoga incorporates many practices to create balance on four levels: physical, mental, emotional, spiritual. It includes breathing exercises with mantras, Hatha Yoga, the five Tibetan Rites, and guided meditations. Click [here](#) to learn more about Satori Yoga.

Date: August 20, 2015

Time: 10:00 AM - 11:30 AM

Website: <http://www.taspens.com>

Location: 12424 Big Timber Drive Conifer, CO 80433

Contact: (303) 816-0429

Email: info@taspens.com

Date/Time Details: Every Thursday from 10am - 11:30 am

Fees/Admission: Let Karma be your guide. We suggest a love donation of \$12/class or our great package rates. Don't have a lot of cash flow and still desire to practice...you can also give time, services or energy. Class pricing: First Class: \$6, Drop-in: \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 Includes your choice of FREE 30 min. Crystal Bed Session (Value \$60) FREE Ion Foot Detox (Value of \$35) * Packages may be used for: Yoga Tai Chi Dance Sound Healing Meditations.

Aug 20

StageDoor Theatre presents ESCANABA IN DA MOONLIGHT

Escanaba in Da Moonlight Written by Jeff Daniels Directed by Buz Gibson Featuring our Adult Company A Hilarious Quest to Bag a Buck! When the Soady clan reunites for opening day of deer season at the family's Upper Peninsula camp, Reuben Soady brings with him the infamous reputation of being the oldest Soady in the history of the Soadys never to bag a buck. To change his luck, Reuben tries to convince his father and brother to change some of the time-honored rituals of their annual hunting pilgrimage, but this seems to set off a series of uncanny incidents involving UFOs, cards, backwoods whiskey, flatulence, and possession by native spirits. Escanaba in da Moonlight is a comic homage to hunting in upstate Michigan and spins a hilarious tale of humor and heart as Reuben goes to any and all lengths to remove himself from the wrong end of the family record book. Rated PG Escanaba in Da Moonlight is presented through special arrangement from Dramatists Play Service.

Date: August 20, 2015

Time: 07:30 PM - 09:00 PM

Website: <http://www.stagedoortheatre.org>

Location: StageDoor Theatre 25797 Conifer Road Conifer CO 80433

Contact: StageDoor Theatre 303-838-0809

Email: infor@stagedoortheatre.org

Date/Time Details: August 20 ? 29, 2015 Thursdays, Fridays & Saturdays at 7:30pm Pre-show live music at 7pm

Fees/Admission: Tickets: \$12 -\$15 20% discount for groups of 10 or more Purchase tickets at www.StageDoorTheatre.org

Aug 21

Evergreen Christian Church MOPS

Evergreen Christian Church MOPS Meetings are held every 1st & 3rd Friday of the month from September-May at Evergreen Christian Church. visit our facebook page at: [facebook.com/eccmopsgroup](https://www.facebook.com/eccmopsgroup) OR email us at: eccmopsgroup@gmail.com

Date: August 21, 2015

Time: 09:15 AM - 11:30 PM

Location: Evergreen Christian Church 27772 Iris Drive Evergreen CO, 80439

Contact: Kyra Facebook page: [facebook.com/eccmopsgroup](https://www.facebook.com/eccmopsgroup)

Email: eccmopsgroup@gmail.com

Date/Time Details: 1st & 3rd Fridays from 9:15am-11:30am Starting September 5th-May

Fees/Admission: Try it out the first time for FREE OR \$10 drop in fee 1st semester (Sept-Dec) \$40 2nd semester (Jan-May) \$50

Aug 21

Ashtanga Yoga with Becky

Ashtanga Vinyasa Yoga with Becky Potter
Every Tuesday and Friday Morning!
9:30-10:45am

This is an invigorating, athletic practice that is steeped in tradition. No previous yoga experience is required. The sun salutation is at the heart of the practice, tying breath to movement and bringing vitality and mobility to every part of the body. Interwoven with the sun salutation, we explore a set sequence of poses that we return to in each class. From simple forward folds to complex arm balances and inversions, the goal in the practice is to create alignment in the body that allows comfort and ease. Along the way, students will have opportunities to sweat, to laugh, to stretch, to strengthen, to explore their limits, and to expand their boundaries.

Becky has studied and practiced many styles of yoga over the past decade. In the Ashtanga Vinyasa style, Becky has found her yoga home. She is honored to share the teachings of Ashtanga with students at Taspens. When she is not teaching yoga, Becky is likely to be hanging out with her kids, gardening, cooking, or reading.

Date: August 21, 2015

Time: 09:30 AM - 10:45 AM

Website: <http://www.taspens.com>

Location: 12424 Big Timber Dr. Conifer, CO 80433

Contact: Call 303.816.0429 or email info@taspens.com for more information.

Email: heather@taspens.com

Date/Time Details: Every Tuesday and Friday at 9:30-10:45am

Fees/Admission: Donation Based Yoga? At Taspens we believe that yoga is for EVERYONE! Yogic tradition dictates that a student should never have to pay to be instructed BUT the student should never ask to be instructed without first offering a gift. In following with this tradition, we want to offer donation-based classes and packages at our studio. The donations fund our studio and instructors. We have listed a suggested price for our classes/packages. We hope that you will offer what feels right for you! You are always free to give more if you have it to spare, or less if you are unable. We don't want to refuse anyone because they are struggling with abundance. Let Karma be your guide. We suggest a love donation of \$12/class or our great package rates. Don't have a lot of cash flow and still desire to practice...you can also give time, services or energy. Namaste. The Shiva Studio at Taspens Class pricing: First Class: \$6, Drop-in: \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 Includes your choice of FREE 30 min. Crystal Bed Session (Value \$60) FREE Ion Foot Detox (Value of \$35) * Packages may be used for: Yoga Tai Chi Dance Sound Healing Meditations. Gift Certificates/ Private Instruction Available.

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Website: <http://www.stagedoortheatre.org>

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Contact: StageDoor Theatre 25797 Conifer Road, Conifer, CO 80433

Email: info@stagedoortheatre.org

Date/Time Details: August 20 ? 29, 2015 Thursdays, Fridays & Saturdays at 7:30pm Pre-show live music at 7pm

Fees/Admission: Tickets: \$12 -\$15 20% discount for groups of 10 or more Purchase tickets at www.StageDoorTheatre.org

Aug 22

Evergreen Newcomers and Neighbors Club

Whether you are new to Evergreen or if you've lived here for 30 years, this is a wonderful opportunity to meet new friends! Our annual Kickoff Koffee will be held August 22, 2015 from 9 AM to 12 noon at the Evergreen Fire Rescue Station, 1802 Bergen Pkwy, Evergreen, CO 80439. Join us for morning coffee, juice and refreshments and browse the activity tables to see what our club offers. We have over 16 different Activity Groups from Art Interest to Wine Groups (almost A to Z!) and everything in between! If you are excited in what you see, our yearly \$30 membership per family includes invitations to all our club socials, special events and Happy Hours. However, if you wish to get involved in summer activities now rather than waiting until August, please visit www.evergreennewcomers.com and simply join on line. You can view the monthly Newsletters on line to learn of each month's activities. We welcome you to "Vacationland" and the wonderful people who live here, enjoy Colorado's beauty and contribute to this amazing community!

Date: August 22, 2015

Time: 09:00 AM - 12:00 PM

Location: Evergreen Fire Rescue Station, 1802 Bergen Pkwy, Evergreen, CO 80439

Contact: Linda Appleby, Publicity Chairperson; Bob Luhrs, Membership Chairperson; Rhonda Loepcke, Activities Chairperson; Richard Purdy, President

Email: evergreennewcomersneighbors@gmail.com

Date/Time Details: Saturday, August 22, 2015 from 9:00 AM to 12:00 noon.

Fees/Admission: Free

Aug 22

District Attorney Pete Weir's Safety Fair

Don't miss this extraordinary safety event! The District Attorney's 7th Annual Community Safety Awareness Day will be August 22, from 9:00-1:00 at the Jefferson County Fairgrounds. This event offers a complete range of free safety services for the entire family. Free document shredding (limit 5 boxes), small electronics recycling, prescription round-up, free credit reports printed on-site and consultation with bank officers, free bike helmets for kids and bike rodeo, free 911 cell phones for seniors, 90 booths, lots of activities for kids, valuable information and giveaways. FREE, fun safety tools and tips for the entire family. For more information call Cary Johnson at 303-271-6970 or csjohnso@jeffco.us

Date: August 22, 2015

Time: 09:00 AM - 01:00 PM

Website: <http://www.districtattorney1.org>

Location: Jefferson County Fairgrounds 15200 West Sixth Avenue Golden, CO 80401

Contact: Cary Johnson 303-271-6800

Email: csjohnso@jeffco.us

Date/Time Details: August 22, 2015 from 9 a.m. - 1 p.m.

Fees/Admission: FREE

Aug 22

Jeffco Open Space Nature Journal Club: Sketching Insects

Want to deepen your love of the natural world, notice nature's tiniest details and spend time surrounded by the beauty of the outdoors? Then start keeping a sketchbook nature journal! Join us for a free journaling field trip in a Jeffco Open Space Park each month and make this activity a habit. Insects may make some people squirm, but their fascinating life histories and striking colorations make them a wonderful subject for nature journaling. Learn tips for drawing insects and practice sketching them in the field. Along with journaling, enjoy a trailside potluck lunch. Program Details: All ages. Instruction will be geared for adults, but children who are interested in art are welcome to attend with an adult. Parents, please make sure to monitor your children's energy and interest levels during club outings to ensure that their behavior is conducive to a positive learning environment for everyone. You will meet the naturalist at the trailhead on the west side of White Ranch Park (the parking lot off of Belcher Hill Rd.) Please bring the following items: Your own sketchbook, a pencil and any other art supplies you would like to use. We will also have some art materials to share. Sturdy footwear, warm clothes and a raincoat. If it is chilly, gloves and disposable hand warmers are helpful to keep fingers from getting cold while you are drawing. Sunglasses and hat Water An item to share at our potluck lunch. A backpack or shoulder bag to carry your supplies A portable chair, stool or sitting pad (optional but great to have if the ground is damp) Binoculars (optional) Your favorite field guides (optional) Also, please join the Jeffco Open Space Nature Journal Club Facebook page if you are interested. The page is a great place to find out about club happenings, share your sketches and journal pages, arrange carpools (in the summer trailheads will start to get packed) and chat with each other.

<https://www.facebook.com/groups/JCOSNatureJournalClub/> Additional Information <http://bit.ly/SketchingInsects>

Registration for this program is available one month before the date of the program. If you are registering during this time, but space is no longer available, please call Lookout Mountain Nature Center at 720-497-7600 to be placed on a waiting list. Already registered and need to cancel? Have questions about the program? Please give us a call at 720-497-7600 or e-mail lmnc@jeffco.us to let us know! Please include the program title. Office hours are 9:00 am to 4:00 pm Tuesday-Sunday, inquiries made after 4 pm may not be answered until the following day. LMNC is closed on Mondays.

Date: August 22, 2015

Time: 10:00 AM - 02:00 PM

Website: <http://bit.ly/SketchingInsects>

Location: Flying J Ranch Park 9509 Highway 73 Evergreen, CO 80439

Contact: 720-497-7600

Email: lmnc@jeffco.us

Date/Time Details: Saturday, August 22, 2015 from 10:00 AM to 2:00 PM (MDT)

Fees/Admission: Free

Aug 22 - Aug 23 **49th Annual Evergreen Fine Arts Festival in Heritage Grove**

The Evergreen Fine Arts Festival, since 1966, is coming into its 49th year. Held in the Creative District of Evergreen, the local artist community has come together to put on a beautiful show for art lovers and collectors for the Denver area to enjoy the arts in the cool mountain air during the height of summer.

The 2014 festival was ranked in the Top 50 festivals by [Art Fair Source Book](#). Our festival came in at number 46, directly behind 45th ranked Crested Butte Fine Arts Festival, and not way too far behind the Cherry Creek Fine Arts Festival, coming in at the 25th best fine art festival in the country.

It is an honor to continue this tradition in such a wonderful creative community. We hope you will enjoy supporting our community and our artists in this annual event. The Festival presents original artwork from a wide range of mediums – Sculpture, Painting, Wood, Photography, Jewelry, Glass, and other imaginative and creative work. We invite you to enjoy our well-loved festival in the cool mountain air of Evergreen.

This festival is presented by the Evergreen Artists Association (EAA), established in 1958. This is a non-profit artist organization, and proceeds go towards art scholarships, adult artist grants and gifts to elementary school art departments. The EAA also hosts the Main Street Fine Art co-op gallery in historic downtown Evergreen.

Find out more by going to the Festival website: www.EvergreenFineArtsFestival.com

Our Volunteer Sign-Up for this event is now available!

Click below:



Date: August 22, 2015 - August 23, 2015

Time: 10:00 AM - 05:00 PM

Website: <http://www.evergreenfineartsfestival.com>

Location: Hiwan Homestead's Heritage Grove Park 4208 S. Timbervale Dr. Evergreen, CO 80439

Contact: Josh Trefethen 303-349-3464

Email: festival@evergreenartists.org

Date/Time Details: August 22 & 23, 2015 Saturday and Sunday 10 a.m. - 5 p.m.

Fees/Admission: Free to the public

Aug 22 **Evergreen Bluegrass Festival**

Date: August 22, 2015

Time: 12:00 PM - 08:00 PM

Website: <http://www.evergreenbluegrass.com>

Location: Evergreen Rodeo Grounds

Email: tami@project139photography.com

Date/Time Details: August 22, 2015 from 12-8

Fees/Admission: Visit www.evergreenbluegrass.com for ticket information

Aug 22 **Mac & Cheese Fest**

Restaurants? compete for the title of ?Best Mac and Cheese in Summit County? and \$1000 cash prize Festivities include: sampling, eating contest, live music, and beverages (for adults and kids.) The winner not only gets the title of best Mac and Cheese in Summit County, but they also \$1000 cash.

Date: August 22, 2015

Time: 02:00 PM - 05:00 PM

Website: http://www.coppercolorado.com/summer/events_and_activities/calendar/@@index.html

Location: Copper Mountain

Aug 22 **Farm to Fork Dinner**

This dinner brings our region's values to life by taking place literally out in the field. As a tribute to the *Outstanding in the Field Program*, it celebrates the farms and farmers producing the food from the earth that's under your feet. And, sitting down in the middle of a gorgeous landscape to break bread with strangers who will become, by the end of the meal, new friends—what could be better or more beautiful? Reservations requested.

Date: August 22, 2015

Time: 06:00 PM - 10:00 PM

Website: <http://www.hmpm.org>

Location: Humphrey History Park and Museum 620 Soda Creek Road, Evergreen

Contact: 303-674-5429

Email: angela.hmpm@yahoo.com

Date/Time Details: August 22, 6:00 pm

Fees/Admission: \$40 per person/\$35 members, \$75 per couple/\$70 members

Aug 22

StageDoor Theatre presents ESCANABA IN DA MOONLIGHT

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Time: 07:30 PM - 09:00 PM

Website: <http://www.stagedoortheatr.org>

Location: StageDoor Theatre 25797 Conifer Road Conifer CO 80433

Contact: StageDoor Theatre 303-838-0809

Email: info@stagedoortheatre.org

Date/Time Details: August 20 ? 29, 2015 Thursdays, Fridays & Saturdays at 7:30pm Pre-show live music at 7pm

Fees/Admission: Tickets: \$12 -\$15 20% discount for groups of 10 or more Purchase tickets at www.StageDoorTheatre.org

Aug 23

Late Summer Wildflowers

Stroll with a Native Plant Master along easy trails identifying and naming local plants. Participants will be able to put a name with the plant and discover interesting uses of each plant by wildlife and documented historical uses by humans. Native Plant Masters are certified experts in Colorado's native flora. They have a passion for plants and like to share that knowledge with others. Join us for a walk through the wealth of native wildflowers, grasses, trees, and shrubs that Jefferson County has to offer. Program Details: Ages 10 years to adults. You will meet the naturalist in the main parking lot of Reynolds Park. The hike will take place on Elkhorn trail (~1 mile). This will be an easy hike with frequent stops to see what is in bloom! Wear sturdy hiking shoes, dress for the weather, and bring water, snacks, sunscreen, etc. as needed. Let's play and learn outside! Our programs go rain, snow, or shine! So, dress accordingly. We will cancel the program if the weather is hazardous or unsafe. If a program is canceled we will send an e-mail and/or call each registered participant. You can also check the event listing. We usually make the call to cancel within 24 hours of the program Additional Information <http://bit.ly/LateSummerWildflowers2015> Registration for this program is available one month before the date of the program. If you are registering during this time, but space is no longer available, please call Lookout Mountain Nature Center at 720-497-7600 to be placed on a waiting list. Already registered and need to cancel? Have questions about the program? Please give us a call at 720-497-7600 or e-mail lmnc@jeffco.us to let us know! Please include the program title. Office hours are 9:00 am to 4:00 pm Tuesday-Sunday, inquiries made after 4 pm may not be answered until the following day. LMNC is closed on Mondays.

Date: August 23, 2015

Time: 09:00 AM - 11:00 AM

Website: <http://bit.ly/LateSummerWildflowers2015>

Location: Reynolds Park 14070 South Foxton Road Conifer, CO 80433

Contact: 720-497-7600

Email: lmnc@jeffco.us

Date/Time Details: Sunday, August 23, 2015 from 9:00 AM to 11:00 AM (MDT)

Fees/Admission: Free

Aug 23

Junior Naturalists: Elusive Mountain Lions

While you may never see one, Mountain Lions can be found throughout Colorado. Come learn how these "Big" cats survive using stealth and skill. Program Details: Ages 6-10 years with an adult. You will meet the naturalist in the West trailhead/parking lot of Mount Falcon Park. There will be an easy 1/2 mile hike during this program. Wear good hiking shoes/boots, bring water as needed. Dress for the weather, hats/sunscreen is recommended. Please leave pets at home. Let's play and learn outside! Our programs go rain, snow, or shine! So, dress accordingly. We will cancel the program if the weather is hazardous or unsafe. If a program is canceled we will send an e-mail and/or call each registered participant. You can also check the event listing. We usually make the call to cancel within 24 hours of the program Additional Information <http://bit.ly/JrNaturalistsMountainLions> Registration for this program is available one month before the date of the program. If you are registering during this time, but space is no longer available, please call Lookout Mountain Nature Center at 720-497-7600 to be placed on a waiting list. Already registered and need to cancel? Have questions about the program? Please give us a call at 720-497-7600 or e-mail lmnc@jeffco.us to let us know! Please include the program title. Office hours are 9:00 am to 4:00 pm Tuesday-Sunday, inquiries made after 4 pm may not be answered until the following day. LMNC is closed on Mondays.

Date: August 23, 2015

Time: 01:00 PM - 02:30 PM

Website: <http://bit.ly/JrNaturalistsMountainLions>

Location: Mount Falcon Park West 21004 Mount Falcon Road Indian Hills, CO 80454

Contact: 720-497-7600

Email: lmnc@jeffco.us

Date/Time Details: Sunday, August 23, 2015 from 1:00 PM to 2:30 PM (MDT)

Fees/Admission: Free

Aug 24

Power Vinyasa Flow with Laurie Love

Power Vinyasa Flow

MONDAYS

9:30 AM - 10:30 AM

Join Laurie for a fun Monday morning Power Vinyasa flow! Creating a unique yogic journey in every practice, Laurie will help take you to your edge! Some yoga asana experience recommended as this practice will be vigorous, flowing and dynamic, connecting breath with movement. Expect to explore a variety of pranayama (breathwork) techniques, core work, inversions, arm balances, partner poses and much more to challenge your body, mind and spirit!

NOTE: You will need to [register/sign](#) in for class through our scheduling software. It is recommended that you register for class prior to purchasing to ensure that the class is not fully booked.

If you are purchasing this as a *gift*, during checkout, please type gift/name of person in the "CUSTOMER NOTES" section.

You can also have it shipped directly to them, if you put their info in the shipping information section.

If this is *NOT* a gift, your invoice is your receipt. You can reference your invoice # when attending your class.

Thank you and Enjoy!

CLASS / PACKAGE PRICE LIST:

First Class Special \$6

Drop In \$12

Package of 3 - \$33

Package of 6 - \$63

Package of 10 - \$100 *This package includes your choice of:*

FREE 30 min. Quantum Resonance Crystal Bed Session (\$60 Value) or

Ion Foot Detox (\$35 Value)

Date: August 24, 2015

Time: 09:30 AM - 10:30 AM

Website: <http://www.taspens.com>

Location: Taspens Organics & Holistic Wellness Center 12424 Big Timber Drive Conifer, CO 80433

Contact: info@taspens.com (303) 816-0429 www.taspens.com

Email: info@taspens.com

Date/Time Details: Mondays from 9:30 - 10:30 am Class Begins August 3rd, 2015

Fees/Admission: CLASS / PACKAGE PRICE LIST: First Class Special \$6 Drop In \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 This package includes your choice of: FREE 30 min. Quantum Resonance Crystal Bed Session (\$60 Value) or Ion Foot Detox (\$35 Value)

Aug 25

Colorado Outdoor Markets - Evergreen

Date: August 25, 2015

Time: 10:00 AM - 02:00 PM

Website: <http://www.coloradooutdoormarkets.com/>

Location: **The Bergen Village Shopping Center.** This location is 3 minutes (3 miles) after exiting I-70.

Location: I-70 to the Evergreen Parkway continue on highway 74 -left on Bergen Parkway. Turn left at the first light which will be Sugar Bush. Go straight forward to the Bergen Village Shopping Center.

Date/Time Details: **The Tuesday Evergreen Farmers' Market:**

Tuesdays- June 2nd - September 29th 10:00am-2:00pm

Aug 25

Beginner Flow Yoga with Laurie Love

This beginner friendly class introduces fundamental Hatha yoga postures and incorporates them into a slow vinyasa flow using pranayama (focused breath) and proper body alignment. Options to

modify physical postures will be provided for every unique body. Students will also learn and practice basic meditation techniques and yoga philosophy. This class is perfect for beginner yogis and yoginis and for those wanting a refresher on the essentials of yoga.

Date: August 25, 2015

Time: 12:00 PM - 01:00 PM

Website: <http://www.taspens.com>

Location: 12424 Big Timber Drive Conifer, CO 80433

Contact: 303.816.0426

Email: info@taspens.com

Date/Time Details: Tuesdays from 12-1pm

Fees/Admission: Let Karma be your guide. We suggest a love donation of \$12/class or our great package rates. Don't have a lot of cash flow and still desire to practice...you can also give time, services or energy. Class pricing: First Class: \$6, Drop-in: \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 Includes your choice of FREE 30 min. Crystal Bed Session (Value \$60) FREE Ion Foot Detox (Value of \$35) * Packages may be used for: Yoga Tai Chi Dance Sound Healing Meditations.

Aug 25

Evergreen Park & Recreation District Board of Directors Meeting

Meeting of Board of Evergreen Park & Recreation District

Date: August 25, 2015

Time: 06:00 PM - 09:00 PM

Website: <http://www.evergreenrecreation.com>

Location: Wulf Recreation Center 5300 S Olive Road Evergreen, CO 80439

Date/Time Details: Aug. 25, 2015

Fees/Admission: Open to Public

Aug 26

Evergreen Lake Summer Concert Series

Evergreen Lake, the centerpiece of this mountain community, is home to a free concert series on Wednesday nights throughout the summer. The open-air concerts, with the rustic log-hewn Lake House as a backdrop, run from 5-10 pm every other week, featuring a variety of music from local students to rock to jazz.

Families and friends come to the Lake bearing picnic baskets, foldable chairs and blankets, or buy food and drink from a number of local vendors, while enjoying the music and watching the sun set.

The concerts are put on by Evergreen Lake Presents.

Evergreen Lake Park, 29612 Upper Bear Creek Road, Evergreen, CO 80439

Date: August 26, 2015

Time: 05:00 PM - 09:00 PM

Website: <http://www.evergreenrecreation.com>

Location: Evergreen Lake Park, 29612 Upper Bear Creek Road, Evergreen, CO 80439

Contact: Lisa Hamm-Greenawalt, 720-880-1020

Email: info@eprd.co

Date/Time Details: Aug. 26, 5-9 pm

Fees/Admission: Free

Aug 26

2015 Evergreen Summer Concert Series #7

The 2015 EPRD Summer Concert Series presents its last concert of the season: Tunisia, with Megan Burtt and The Cure For Love at Evergreen Lake Park.

Free concerts run every other Wednesday from 5-9 PM. Lake parking is limited, with 50 VIP spots available for \$15 each or discounted rate when you purchase the entire series. (Call 720-880-1300 to reserve.) Attendees are encouraged to carpool and/or park at a satellite lot (Wulf Rec Center or Christ the King Church) and take a free shuttle.

Learn more about the bands at <http://www.tunisiaband.com/> and <http://www.meganburtt.com/>.

Learn more at evergreenlakepresents.com.

Date: August 26, 2015

Time: 05:00 PM - 09:00 PM

Website: <http://evergreenlakepresents.com/>

Location: Evergreen Lake House, 29612 Upper Bear Creek Rd, Evergreen, Colorado 80439

Contact: 303.385.7827

Email: info@eprd.co

Date/Time Details: Aug. 26, 5-9 PM

Fees/Admission: FREE

Aug 26

FREE INFORMATION SESSION: Wellbeing Fundamentals Program with Jennifer Miller of Peak Wellbeing Solutions

Wellbeing Fundamentals is a 4 week program designed to create greater overall Wellbeing! This series will be taught by Jennifer Miller of Peak Wellbeing Solutions. Please visit www.peakwellbeingsolutions.com or read below to find out more about Jennifer and her work!

Join us on August 26th from 6:30pm-7pm for a FREE informational session about her upcoming workshops being held at Taspens's!

Sign up [HERE](#) to register for the information session!

Cost is \$149 for all 4 workshops or \$49 for each individual class. The classes will be held on October 7, 14, 21, and 28th from 6:30-7:30pm.

Taking Control over Stress – October 7th

Stress affects our quality of life, our relationships, our work and our overall physical health. Take control over the stress in your life by identifying the 6 core influencers of stress and learn techniques to transform it from energy that works against you to energy that works for you.

Time Management and Balance – October 14th

Are you at the mercy of time or do you make time work for you? We are all given 24 hours per day. Where we differ is how we view and use that time. Learn to declutter your office and mind, deal with procrastination and identify triggers that pull you off course.

High Energy Relationships – October 21st

Relationships are an integral part of our lives, and yet many people go through life without a clear picture of what a good or healthy relationship looks and feels like. Evaluate key relationships in your work and personal life and develop strategies for nurturing and/or changing them. Learn how effective communication and emotional intelligence play a role in developing high energy relationships and conflict management.

Creating a Personalized Wellness Plan – October 28th

Identify areas in your life you would like to create greater health and Wellness. Discover what is getting in the way of feeling your best by understanding your beliefs, values and priorities around health wellness. Walk away with an action plan to start experiencing greater wellbeing.

Your Wellbeing Partner – Jennifer Miller

Jennifer's mission is to empower everyone to live a life they desire and deserve. As a Certified Professional Wellbeing Coach and Exercise Physiologist, Jennifer is passionate about the connection between the mind and the body and how it affects our overall Wellbeing. Wellbeing is not limited to our physical health, but includes our emotional, social, financial, career and relationship wellness. As a Wellbeing Partner, Jennifer will work with you to become aware of how these different areas are influencing your energy, fulfillment, success and happiness.

Date: August 26, 2015

Time: 06:30 PM - 07:00 PM

Website: <http://www.taspens.com>

Location: Taspens's Organics & Holistic Wellness Center; 12424 Big Timber Drive, Conifer, CO 80433

Contact: (303) 816-0429

Email: info@taspens.com

Date/Time Details: August 26th, 2015 @ 6:30 pm

Fees/Admission: FREE