Sep 09	Preschool Nature Nuts: Coyotes
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	September 9, 2015
	10:15 AM - 11:00 AM
	http:// http://bit.ly/LMNCEventbrite Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401
Contact:	720-497-7600
	Imnc@jeffco.us
Fees/Admission:	Wednesday, September 9, 2015 from 10:15 AM to 11:00 AM (MDT) Free
Sep 09	Preschool Nature Nuts: Coyotes
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	http:// http://bit.ly/LMNCEventbrite Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401
	720-497-7600
	Imnc@jeffco.us
Fees/Admission:	Wednesday, September 09, 2015 from 11:15 AM to 12:00 PM (MDT) Free
Sep 09	EACC Marketing Committee
Time: Website: Location: Contact:	September 9, 2015 04:00 PM - 05:00 PM http://www.evergreenchamber.org EACC 303 674 3412 marketing@evergreenchamber.org
Sep 09	Kinnikinnick Book Club
Join us for a live	ly discussion and snacks as we explore books that focus on Colorado's history.
	September 9, 2015
	05:00 PM - 07:00 PM
	http://hmpm.org 620 Soda Creek Road, Evergreen
	303-674-5429
	angela.hmpm@yahoo.com
Date/Time Details: Fees/Admission:	Second Wednesday of every other month, 5-7 pm FREE
Sep 10	Ladies' Day Thursday - 1/2 price for ladies on Thursdays @ Cowork Evergreen
Ladies' Day Thurso	days
Join us every Thurse	day in 2015 for 1/2 price entry to Cowork Evergreen and enjoy quality time with your local

businesswomen friends. We look forward to bonding with all our new girlfriends - see you soon! For special pricing - sign up here: Ladies Day Special Sign Up For questions and more info: CoworkEvergreen.com - or email: CoworkEvergreen@gmail.com Date: September 10, 2015 Website: http://coworkevergreen.com/ Location: Cowork Evergreen 30706 Bryant Drive #108 Evergreen, CO 80439 Contact: Katy CoworkEvergreen@gmail.com Email: coworkevergreen@gmail.com Date/Time Details: Thursdays 9 am - 5 pm Fees/Admission: \$7.50 Day drop-in Sep 10 Satori Yoga with Stacey Bickler ~ Thursdays from 10-11:30 am Satori Yoga incorporates many practices to create balance on four levels: physical, mental, emotional, spiritual. It includes breathing exercises with mantras, Hatha Yoga, the five Tibetan Rites, and guided meditations. Click here to learn more about Satori Yoga. Date: September 10, 2015 Time: 10:00 AM - 11:30 AM Website: http://www.taspens.com Location: 12424 Big Timber Drive Conifer, CO 80433 Contact: (303) 816-0429 Email: info@taspens.com Date/Time Details: Every Thursday from 10am - 11:30 am Fees/Admission: Let Karma be your guide. We suggest a love donation of \$12/class or our great package rates. Don't have a lot of cash flow and still desire to practice...you can also give time, services or energy. Class pricing: First Class: \$6, Drop-in: \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 Includes your choice of FREE 30 min. Crystal Bed Session (Value \$60) FREE Ion Foot Detox (Value of \$35) * Packages may be used for: Yoga Tai Chi Dance Sound Healing Meditations. Sep 10 **Preschool Nature Nuts: Coyotes** Come join us for an exploration of our wild and wily neighbors, coyotes! Participants will hear coyote stories, make a craft, listen to the language of coyote, and more. Program details This program is specifically designed for children ages 3-5 years with an adult. We ask that your child has reached his/her third birthday before participating in this class. Participant limit: 15 preschoolers (3-5 years old) During this program, we will go explore just outside the nature center. Please bring a jacket, hat, or sunscreen as needed. Additional Information http://bit.ly/LMNCEventbrite Registration for this program is available one month before the date of the program. If you are registering during this time, but space is no longer available, please call Lookout Mountain Nature Center at 720-497-7600 to be placed on a waiting list. Already registered and need to cancel? Have questions about the program? Please give us a call at 720-497-7600 or e-mail Imnc@jeffco.us to let us know! Please include the program title. Office hours are 9:00 am to 4:00 pm Tuesday-Sunday, inquiries made after 4 pm may not be answered until the following day. LMNC is closed on Mondays. Date: September 10, 2015 Time: 10:15 AM - 11:00 AM Website: http:// http://bit.ly/LMNCEventbrite Location: Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401 Contact: 720-497-7600 Email: Imnc@jeffco.us Date/Time Details: Thursday, September 10, 2015 from 10:15 AM to 11:00 AM (MDT) Fees/Admission: Free Sep 10 **Preschool Nature Nuts: Coyotes** Come join us for an exploration of our wild and wily neighbors, covotes! Participants will hear covote stories, make a craft, listen to the language of coyote, and more. Program details This program is specifically designed for children ages 3-5 years with an adult. We ask that your child has reached his/her third birthday before participating in this class. Participant limit: 15 preschoolers (3-5 years old) During this program, we will go explore just outside the nature center. Please bring a jacket, hat, or sunscreen as needed. Additional Information http://bit.ly/LMNCEventbrite Registration for this program is available one month before the date of the program. If you are registering during this time, but space is no longer available, please call Lookout Mountain Nature Center at 720-497-7600 to be placed on a waiting list. Already registered and need to cancel? Have questions about the

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Time:	11:15 AM - 12:00 PM
Website:	http:// http://bit.ly/LMNCEventbrite
Location:	Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401
Contact:	720-497-7600
Email:	lmnc@jeffco.us
Date/Time Details:	Thursday, September 10, 2015 from 11:15 AM to 12:00 PM (MDT)
Fees/Admission:	Free
Sep 10	LEADS GROUP 3 - THE LUNCH BUNCH
Leads Group 3 - Th	e Lunch Bunch
Date:	September 10, 2015
	11:30 AM - 12:30 PM
	http://www.leads3.org
	Locations vary:
Looutom	***Please contact group to confirm dates and location prior to attending***
	Bob Campbell - (303) 526-3000 or Alicia Sexton (303) 748-4029
Contact:	Bob Campbell - (303) 526-3000 or Alicia Sexton (303) 748-4029
	info@leads3.org
	Every other Thursday at 11:30 am
	Please contact group to confirm dates and location prior to attending
	Bob Campbell - (303) 526-3000 or Alicia Sexton (303) 748-4029
Fees/Admission [.]	Please see group for fee structure
Sep 10	Business After Hours Chamber Mixer-Little Bear
Please join us for or All are Welcome!	ur After Hours Chamber Mixer
5:00pm-7:30pm	
Date:	September 10, 2015
	05:00 PM - 07:30 PM
Website:	http://www.evergreenchamber.org/
	Join us at The Little Bear!
Looution	28075 Highway 74
	Evergreen, CO 80439
	(303) 674-5355
Contact:	Evergreen Area Chamber of Commerce
	admin@evergreenchamber.org
	The 2nd Thursday every month
Dater Time Details.	5:00pm-7:30pm
Fees/Admission:	
	\$10 For Non-Members
Sep 10	Root Flute Sound Journey and Heart Breath Meditation with Daniel Hansen and Alaya Love
ROOT FLUTE SOUND JOURNEY	
with Danial Hanson	
with Daniel Hansen	

THURSDAY September 10th 7:00 pm - 9:00 pm

Alaya Love will be guiding our sound journey with Heart Breath meditation and Melissa Nicholson will be serving raw organic cacao.

Price: Sliding Scale \$20-\$40, or by donation

There is limited space so please pre-register to secure your spot!!

To Register: Please call (303) 816-0429, email info@taspens.com or click the following link: <u>http://taspens.com/products/root-flute-sound-journey-with-daniel-hansen</u> **If you would like to graciously offer more than \$20 or make a donation, please call us directly! :)

Sound Journey Montage link: https://www.youtube.com/watch?v=10Rbhx-1ZDw

Please visit rootflute.com for more info!...

Hailing from Colorado, Daniel Hansen of Root Flute presents offerings of his uniquely intuitive & hypnotic healing

process via The Sound Journey ™

The Sound Journey:

The soundscape of auricular hallmarks are D. Hansen's self-designed innovative multi-chamber Flutes, Pulse Tubes, Native American Drum, Swing Chimes, 3 overtone Plate Bells, Kick Shaker and a 10 piece base Metalophone that aides in deep emotional processing, remembrances and reconnections of self and visionary lucid meditations. It has been relayed by participants to evoke a pathway of receiving greater insight to themselves, their purpose and moving into transformational growth. Featuring Shamanistic stuccattos, deep soulful grooves with melodic builds & twinkling arpeggios. Above harmonizing overtone plate bells droning on a C# Sharp 432 Hrtz at the Ohm tone of 136.1 The primordial tone of the universe.

Hello!! I am recently back from 6 months in Auroville India, and 1 month in bali where I have been working very hard to bring this healing vision to life! This was a tremendous project that is ready to share!!! It is a culmination of years of hard work and amazing support.

Please Help Me Invite More People as I am a little out of the loop :)

Also, the sound journey lasts about 70 minutes. Please bring something soft to lay on. But there is a bit of before and after time.

Sound Journey Testimonials:

So special. Going on a sound journey with Dan, of Rootflute, is an experience you just don't want to miss. My sonic journey with Dan was incredibly unlike any other sound journey or sound healing event I've been to before -- and that's significant because I go to plenty of them here in Ubud, Bali! The unique and synergistic set-up helped to create frequencies in the room so beautiful and pleasurable, my mind and body were both able to really let go and enjoy the ride. And the frequency-intelligent, hand-made, one of a kind instruments that look Completely out of this world were played so damn beautifully, that each instrument probably could have taken me on that journey all on it's own. I'm pretty sure it took me to subconscious states I've never been to before. I for sure know that it raise my vibration for the entire day. It was like we were serenaded by a one-man-band in the medieval times in the most sacred of temples. What a blessed event. At least that's how it felt to me smile emoticon I also loved the part afterwards where Dan told stories of each of the instruments and how the entire production has evolved. Incredibly captivating. I'd highly encourage you to treat yourself and your consciousness to Dan's music and beautiful guidance in and out of a deep meditation. Enjoy the ride! ~Lenna, Ubud, Bali Daniel is a gifted artist who I was privileged enough to hear perform during a Sound Journey Meditation. During the 70-minute meditation experience, I drifted into etheric realms as my heart opened and my body healed. It was amazing. I feel so blessed to have had the opportunity to experience the gift of his music that he is so willing to share with us. Amazingly talented, I wouldn't miss the opportunity to have another experience listening to the beautiful music he creates. ~Stacy, Denver CO Pretty sure that sound journey cleared some things inside of me yesterday. I didn't realize it immediately except I felt so much lighter. And I woke up feeling so refreshed this morning... I haven't been on my sewing machine in months. And I have been working on this poncho for the last 7 hours!! Feels incredible. ~Mellisa Nederland CO Last night was brilliant! I'm grateful to have been blessed by your presence, instruments and music. I agree with the woman who said she had a conversation with her friend who passed recently. I, too, had a similar connection with a friend who passed last month. Your work is grounding, exhilarating and uplifting all at the same time. This morning, I awoke with NO need to blow my nose from allergies. In the 3 weeks, every morning my sinuses have been draining. I realized about 9am, that I am cleared!! You may quote me, if you wish. Love and Peace to you. Leilani ~ Conifer, CO Date: September 10, 2015 Time: 07:00 PM - 09:00 PM Website: http://www.taspens.com Location: Taspen's Organics and Holistic Wellness Center - 12424 Big Timber Drive Conifer, CO Contact: (303) 816-0429 www.taspens.com Email: info@taspens.com Date/Time Details: Thursday September 10th 7:00 pm - 9:00 pm Fees/Admission: \$20-\$40 Sliding Scale or By Donation

Sep 11

Ashtanga Yoga with Becky

Ashtanga Vinyasa Yoga with Becky Potter Every Tuesday and Friday Morning! 9:30-10:45am

This is an invigorating, athletic practice that is steeped in tradition. No previous yoga experience is required. The sun salutation is at the heart of the practice, tying breath to movement and bringing vitality and mobility to every part of the body. Interwoven with the sun salutation, we explore a set sequence of poses that we return to in each class. From simple forward folds to complex arm balances and inversions, the goal in the practice is to create alignment in

the body that allows comfort and ease. Along the way, students will have opportunities to sweat, to laugh, to stretch, to strengthen, to explore their limits, and to expand their boundaries.

Becky has studied and practiced many styles of yoga over the past decade. In the Ashtanga Vinyasa style, Becky has found her yoga home. She is honored to share the teachings of Ashtanga with students at Taspen?s. When she is not teaching yoga, Becky is likely to be hanging out with her kids, gardening, cooking, or reading.

	September 11, 2015 09:30 AM - 10:45 AM
	http://www.taspens.com
	12424 Big Timber Dr. Conifer, CO 80433
	Call 303.816.0429 or email info@taspens.com for more information.
	heather@taspens.com
Date/Time Details:	Every Tuesday and Friday at 9:30-10:45am
	Donation Based Yoga? At Taspen's we believe that yoga is for EVERYONE! Yogic tradition dictates that a student should never have to pay to be instructed BUT the student should never ask to be instructed without first offering a gift. In following with this tradition, we want to offer donation-based classes and packages at our studio. The donations fund our studio and instructors. We have listed a suggested price for our classes/packages. We hope that you will offer what feels right for you! You are always free to give more if you have it to spare, or less if you are unable. We don't want to refuse anyone because they are struggling with abundance. Let Karma be your guide. We suggest a love donation of \$12/class or our great package rates. Don't have a lot of cash flow and still desire to practiceyou can also give time, services or energy. Namaste. The Shiva Studio at Taspens Class pricing: First Class: \$6, Drop-in: \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 Includes your choice of FREE 30 min. Crystal Bed Session (Value \$60) FREE Ion Foot Detox (Value of \$35) * Packages may be used for: Yoga Tai Chi Dance Sound Healing Meditations. Gift Certificates/ Private Instruction Available.
Sep 11	"Chicago," presented by the Evergreen Chorale
	September 11, 2015 07:30 PM - 11:00 PM
	http://www.evergreenchorale.org
	Center Stage, 27608 Fireweed Drive, Evergreen, CO
	303-674-4002
	info@evergreenchorale.org
	Friday 9/11/15 at 7:30pm
Foos/Admission	
r cca/Admission.	\$24 Adult, \$20 62 & Over/Students (13-18), \$16 Children 12 & under, \$19 Groups of 10 or more.
Sep 12	Hay Days
Sep 12 Old fashioned ha	
Sep 12 Old fashioned ha children's games	Hay Days arvest 2 day festival with house & ranch tours, farm animals, hay rides, historic
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Sep 12 Old fashioned ha children's games Date: Website: Location: Contact: Email: Date/Time Details: Fees/Admission: Sep 12 A women-only 5k m sense. Join fellow D Girl Mud Run you'll f	Hay Days arvest 2 day festival with house & ranch tours, farm animals, hay rides, historic s, harvest food and craft vendors, and live music . September 12, 2015 http://www.hmp.org 620 Soda Creek Road, Evergreen 303-674-5429 angela.hmpm@yahoo.com Saturday, September 12, 10:00 am to 4:00 pm, concert Saturday night 4-7 pm Free with paid admission, concert \$10 per person Dirty Girl ud run designed for all ages and athletic abilities, which is by no means a 'race' in the traditional irty Girls to push and encourage tackling obstacles slightly beyond your comfort zone. At a Dirty find excitement, laughter, and camaraderie?as well as lots of music and even some adult also be financially and physically taking a stand against breast cancer with a portion of the
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hands-on activities including gold panning, fossil sifting, and dinosaur track painting at the Visitor Center! Sluice mining and geode cracking will be available for a fee. Geologists and visiting experts will staff booths about earthquakes and faulting, volcanic eruptions and volcanic ash, landslides and rockfalls, radiation, radon, floods,

as part of FEMA?s I has a number of geo along Dinosaur Ridg Dinosaur Ridge is lo	res, and other hazards. West Metro will participate. Experts will offer expertise on preparedness National Preparedness Month. Geocaching Colorado will be teaching geocaching ? the Ridge ocaches and earthcaches for practicing. On the trail, guides will explain the geology and fossils ge. Biking or hiking the trail is free or take the shuttle for \$4/per person, 3 & under ride free. ocated just west of the C-470 exit at Alameda Parkway. Contact Tom at horidge.org or 303-697-3466 x103 for more information.
Date:	September 12, 2015
	10:00 AM - 02:00 PM
Website:	http://www.dinoridge.org
Location:	Dinosaur Ridge 16831 W. Alameda Parkway Morrison, CO
	Tom Moklestad
	Tom_Moklestad@dinoridge.org
Fees/Admission:	September 12, 2015, 10am to 2pm
Sep 12	Big Chili Cook-Off Music & Arts Festival
	ntain fun ~ entertainment, food, drink, kids area, art exhibitors, retail exhibitors, Fire Fighters I !! Event supports the six mountain volunteer fire departments.
Date:	September 12, 2015
	10:00 AM - 06:00 PM
	http://www.bigchili.org
	Buchanan Park 32003 Ellingwood Trail Evergreen, CO 80439 Lora Knowlton, Event Director 303-973-1209 CoCoug@aol.com
	info@BigChili.org
	Saturday, September 12, 2015 10am - 6pm
	2015 TBD - check www.bigchili.org for ticket prices.
Sep 12	Preschool Nature Nuts: Coyotes
craft, listen to the lai ages 3-5 years with class. Participant lin nature center. Pleas http://bit.ly/LMNCEv you are registering of 720-497-7600 to be program? Please gip program title. Office answered until the for Date: Time: Website: Location: Contact: Email:	exploration of our wild and wily neighbors, coyotes! Participants will hear coyote stories, make a nguage of coyote, and more. Program details This program is specifically designed for children an adult. We ask that your child has reached his/her third birthday before participating in this nit: 15 preschoolers (3-5 years old) During this program, we will go explore just outside the se bring a jacket, hat, or sunscreen as needed. Additional Information entbrite Registration for this program is available one month before the date of the program. If during this time, but space is no longer available, please call Lookout Mountain Nature Center at placed on a waiting list. Already registered and need to cancel? Have questions about the ve us a call at 720-497-7600 or e-mail Imnc@jeffco.us to let us know! Please include the hours are 9:00 am to 4:00 pm Tuesday-Sunday, inquiries made after 4 pm may not be ollowing day. LMNC is closed on Mondays. September 12, 2015 10:15 AM - 11:00 AM http:// http://bit.ly/LMNCEventbrite Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401 720-497-7600 Imnc@jeffco.us Saturday, September 12, 2015 from 10:15 AM to 11:00 AM (MDT) Free
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craft, listen to the lau ages 3-5 years with class. Participant lin nature center. Pleas http://bit.ly/LMNCEv you are registering of 720-497-7600 to be program? Please giv program title. Office	exploration of our wild and wily neighbors, coyotes! Participants will hear coyote stories, make a nguage of coyote, and more. Program details This program is specifically designed for children an adult. We ask that your child has reached his/her third birthday before participating in this nit: 15 preschoolers (3-5 years old) During this program, we will go explore just outside the se bring a jacket, hat, or sunscreen as needed. Additional Information rentbrite Registration for this program is available one month before the date of the program. If during this time, but space is no longer available, please call Lookout Mountain Nature Center at placed on a waiting list. Already registered and need to cancel? Have questions about the ve us a call at 720-497-7600 or e-mail Imnc@jeffco.us to let us know! Please include the hours are 9:00 am to 4:00 pm Tuesday-Sunday, inquiries made after 4 pm may not be ollowing day. LMNC is closed on Mondays.
	September 12, 2015 11:15 AM - 12:00 PM
	http:// http://bit.ly/LMNCEventbrite

Location: Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401 Contact: 720-497-7600

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Email: Imnc@jeffco.us

Date/Time Details: Saturday, September 12, 2015 from 11:15 AM to 12:00 PM (MDT)

Fees/Admission: Free

Sep 12	"Chicago," presented by the Evergreen Chorale
Date:	September 12, 2015
	07:30 PM - 11:00 PM
	http://www.evergreenchorale.org
	Center Stage, 27608 Fireweed Drive, Evergreen, CO
	303-674-4002
	info@evergreenchorale.org
	Saturday 9/12/15 at 7:30pm
	\$24 Adult, \$20 62 & Over/Students (13-18), \$16 Children 12 & under, \$19 Groups of 10 or more.
Sep 13	Bear Essentials
	ween 10:00 am to 12:00 pm to learn what Black Bears really eat. Touch a black bear pelt, smell We are joking about smelling the scat, but you can take a closer look!
	September 13, 2015
Time:	10:00 AM - 12:00 PM
Website:	http://bit.ly/BearEssentialsLMNC
Location:	Lookout Mountain Nature Center 910 Colorow Road Golden, CO 80401
Contact:	720-497-7600
Email:	Imnc@jeffco.us
	Sunday, September 13, 2015 from 10:00 AM to 12:00 PM (MDT)
Fees/Admission:	
Sep 13	Ho'o'ponopono Ceremony with Alaya Love
our community!	d to have Alaya Love come back to the Shanti Studio at Taspen's to share Ho'o'ponopono with
12 generations back SOURCE within, ac designed for each ir	n ancient Hawaiian ceremony and powerful tool for transformation, clearing our DNA & lineage the word ho'o'ponopono means 'to set things right' through a process of connecting to cepting responsibility for choosing and creating this life as the best curriculum specifically individual; AND then forgiving self, in this form and in the form of OTHER to be freed of all l in the way of manifesting our true purpose and fulfillment on planet Earth during this lifetime.
the Big Island. She	ed the lineage of Huna from the 'Kahuna's Kahuna' of all Polynesia the beloved Makua from worked with Makua from 1999 until his death in 2004. Alaya was asked to bring these sacred world during this important time for those ready to RECEIVE, AWAKEN & REMEMBER.
Hawaiian Huna Hea tradition, whose and awakening their gifts	isdom keeper, vision holder, spiritual counselor, meditation teacher and healer using ancient ling techniques and ceremonies. Alaya's spiritual tradition is wedded in the Hawaiian Huna estry is from the Pleiades and Sirius star systems. She specializes in assisting others in s, talents and true soul purpose. Alaya is internationally recognized and trained in Toltec and g very effective, time-tested tools of transformation for the empowerment, awakening and ividual.
	work: wherever you are at in your personal ascension process this work will allow you to rise next level of evolution and embodiment." ~Alaya Love
anything after the w	& ceremony last approximately 5 hours. It is recommended that those who participate not plan orkshop as to allow space for integration. Upon request donation based Body/Energy work will e ceremony to assist in the integration process.
For the ceremony, p	blease arrive at 12:30 to get registered and to settle in so we may begin at 1pm.
Blessings and Aloha Alaya Love	a!
Investment: \$150 c	ash (includes 21 days of Hawaiian Huna prayer treatment following the ceremony.)
when cash payment	payment is required by Alaya as the exchange of energy goes directly from participant to teacher t is made, and not through a bank. Place the money into an envelope with your intentions and a that for this energy exchange you will receive the benefit for highest good. Present Alaya with the e allotted.
If in need, payment	plans can be arranged. Please contact Alaya Love through Facebook to make arrangements. <3
	er at the following link to reserve your spot as there is limited space!!!**** products/hooponopono-ceremony-with-alaya-love
	September 13, 2015
-	01:00 PM - 06:30 PM
	http://taspens.com/products/hooponopono-ceremony-with-alaya-love

Location: Taspen's Organics and Holistic Wellness Center 12424 Big Timber Drive Conifer, CO 80433 Contact: (303) 816-0429 taspens.com

Email:	info@taspens.com
	Sunday, September 13th from 1pm - 6:30 pm Investment: \$150 cash (includes 21 days of Hawaiian Huna prayer treatment following the ceremony.) Please Note: Cash payment is required by Alaya as the exchange of energy goes directly from participant to teacher when cash payment is made, and not through a bank. Place the money into an envelope with your intentions and a prayer - requesting that for this energy exchange you will receive the benefit for highest good. Present Alaya with the envelope at the time allotted. If in need, payment plans can be arranged. Please contact Alaya Love through Facebook to make arrangements. <3
Sep 13	"Chicago," presented by the Evergreen Chorale
Deter	Contamber 12, 2015
	September 13, 2015 03:00 PM - 06:00 PM
-	http://www.evergreenchorale.org
	Center Stage, 27608 Fireweed Drive, Evergreen, CO
	303-674-4002
	info@evergreenchorale.org
	Sunday September 13th at 3pm
Fees/Admission:	\$24 Adult, \$20 62 & Over/Students (13-18), \$16 Children 12 & under, \$19 Groups of 10 or more
Sep 14	Power Vinyasa Flow with Laurie Love
Power Vi	nyasa Flow
MONDAYS	
9:30 AM - 10:30 AN	1
will help take you to flowing and dynamic	Monday morning Power Vinyasa flow! Creating a unique yogic journey in every practice, Laurie your edge! Some yoga asana experience recommended as this practice will be vigorous, c, connecting breath with movement. Expect to explore a variety of pranayama (breathwork) rk, inversions, arm balances, partner poses and much more to challenge your body, mind and
	d to <u>register/sign</u> in for class through our scheduling software. It is recommended that you or to purchasing to ensure that the class is not fully booked.
If you are purchasin section.	g this as a gift, during checkout, please type gift/name of person in the "CUSTOMER NOTES"
You can also have it	t shipped directly to them, if you put their info in the shipping information section.
If this is <i>NOT</i> a gi	ift, your invoice is your receipt. You can reference your invoice # when attending your class.
Thank you and Enjo	y!
CLASS / PACKAGI First Class Special Drop In \$12	\$6
	00 This package includes your choice of: ntum Resonance Crystal Bed Session (\$60 Value) or
Date:	September 14, 2015 09:30 AM - 10:30 AM
	http://www.taspens.com
	Taspen's Organics & Holistic Wellness Center 12424 Big Timber Drive Conifer, CO 80433
	info@taspens.com (303) 816-0429 www.taspens.com
	info@taspens.com
Date/Time Details:	Mondays from 9:30 - 10:30 am Class Begins August 3rd, 2015
Fees/Admission:	CLASS / PACKAGE PRICE LIST: First Class Special \$6 Drop In \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 This package includes your choice of: FREE 30 min. Quantum Resonance Crystal Bed Session (\$60 Value) or Ion Foot Detox (\$35 Value)
Sep 14	Foothills Young Professionals Lunch
FYP's Networking L	unch - Brown Bag
XX71 XX7 - A	

Who We Are

The Foothills Young Professionals (FYP) is a membership organization for talented, driven professionals, heart dedicated to building a strong growing business community in the foothills

	ea. We sponsor, promote and support charitable, social and professional	
	ng members of the mountain business community. Our group provides a link nbers? personal passions.	
	d connects young	
	d positively shapes the future of the mountain foothills	
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	xpanding members? personal and professional networks. We are dedicated to	
professional	manual (compared and contraction of the large 1 and 1	
development, co	mmunity service and enjoying the local social scene.	
Deter	September 14, 2015	
	September 14, 2015 12:00 PM - 01:00 PM	
-	Centennial Bank	
Location	1248 Bergen Pkwy.	
	Evergreen, CO 80439	
	(303) 670-3200	
Contact:	Sasha Abramson 303 674 3412	
Email:	marketing@evergreenchamber.org	
Sep 15	Colorado Outdoor Markets - Evergreen	
	September 15, 2015	
	10:00 AM - 02:00 PM	
	http://www.coloradooutdoormarkets.com/	
Location:	The <u>Bergen Village Shopping Center</u> . This location is 3 minutes (3 miles) after exiting I-70. Location: I-70 to the Evergreen Parkway continue on highway 74 -left on Bergen Parkway. Tu	'n
	left at the first light which will be Sugar Bush. Go straight forward to the Bergen Village Shoppir	
	Center.	3
Date/Time Details:	The Tuesday Evergreen Farmers' Market:	
	Tuesdays- June 2nd - September 29th 10:00am-2:00pm	
Sep 15	Beginner Flow Yoga with Laurie Love	
This beginn	This beginner friendly class introduces fundamental Hatha yoga	

postures and incorporates them into a slow vinyasa flow using pranayama (focused breath) and proper body alignment. Options to modify physical postures will be provided for every unique body. Students will also learn and practice basic meditation techniques and yoga philosophy. This class is perfect for beginner yogis and yoginis and for those wanting a refresher on the essentials of yoga.

Date:	September 15, 2015
Time:	12:00 PM - 01:00 PM
Website:	http://www.taspens.com
Location:	12424 Big Timber Drive Conifer, CO 80433
Contact:	303.816.0426
Email:	info@taspens.com
Date/Time Details:	Tuesdays from 12-1pm
Fees/Admission:	Let Karma be your guide. We suggest a love donation of \$12/class or our great package rates. Don't have a lot of cash flow and still desire to practiceyou can also give time, services or energy. Class pricing: First Class: \$6, Drop-in: \$12 Package of 3 - \$33 Package of 6 - \$63 Package of 10 - \$100 Includes your choice of FREE 30 min. Crystal Bed Session (Value \$60) FREE Ion Foot Detox (Value of \$35) * Packages may be used for: Yoga Tai Chi Dance Sound Healing Meditations.
Sep 16	Women 2 Women Leads Group
Come and join the	his new group where women come together to share ideas, thoughts, and leads.
**Please call to conf	firm your visit to the group prior to attending!
Date:	September 16, 2015
Time:	09:00 AM - 10:00 AM
Location:	Currently meeting at Stagecoach Sports Grill. Please call Colleen Wilkinson to verify location and meeting dates before attending.

Contact: Colleen Wilkinson (303) 526-2729

Email: crwilkinson123@msn.com

Date/Time Details: the 1st and 3rd Wednesday of every month, 9-10a Fees/Admission: \$45 per year

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Sep 16	Chamber Executive Committee Meeting
Chamber Executive	Committee Meeting
Date:	September 16, 2015
Time:	03:30 PM - 04:30 PM
Website:	http://www.evergreenchamber.org
Location:	ReMax Alliance Evergreen - Board Room 30480 Stagecoach Blvd., (upstairs from Chamber office) Evergreen, CO. 80439
Contact:	303 674 3412
Email:	admin@evergreenchamber.org
Date/Time Details:	Quarterly, March, June, Sept, Dec - 3rd Wednesday of the Month
Sep 16	Evergreen Chamber Board of Directors Meeting
Monthly Board Mee	
Date:	September 16, 2015
Time:	04:30 PM - 06:00 PM
Website:	http://www.evergreenchamber.org
Location:	ReMax Alliance Evergreen - Board Room 30480 Stagecoach Blvd., (upstairs from Chamber office) Evergreen, CO 80439 303.670.3200
Contact:	303 674 3412
Emeile	admin@evergreenchamber.org
Email:	damine overgreenenameer.org

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