

FAMILY EMERGENCY PLAN

- Kitchen accessories and cooking utensils, including a manual can opener.

- Photocopies of credit and identification cards, checking and insurance account numbers and other important papers in a waterproof container.

- Cash and coins. (ATM cards, debit or credit cards and personal checks might not work.)

- Special needs items, including prescription medications, eye glasses, contact lens solutions and hearing aid batteries.

- If you have infants, be sure to include formula, diapers, bottles and pacifiers.

- Other items to meet your family's needs.

The emergency kit you keep at work should be in one container and ready to "grab and go" and should include food and water and a pair of comfortable walking shoes.

Keep a kit of emergency supplies in your car that contains food, water, first aid supplies, flares, jumper cables and seasonal supplies.

Consider the following additional items

- Pet food and extra water for your pet.

- Emergency reference material – a first aid book, this Guide or additional information from www.ready.gov.

- Household chlorine bleach and medicine dropper – a solution of nine parts water to one part bleach makes a good disinfectant. Purify a gallon of water by adding 16 drops of regular, unscented liquid bleach.

- Fire extinguisher.



- Books, games, puzzles or other activities for children.

Shelter-in-place

While an evacuation bag or tote should be packed for a three-day emergency, a shelter-in-place situation caused for example, by a blizzard or epidemic, might last for weeks.

Consider what you already have in your home. Can you provide lights and heat during a long-term power outage? If the water system becomes contaminated can you provide clean water? Do you have basic medical supplies to deal with injuries or outbreaks? Do you have ways to stay occupied when there is no TV or computer?

Maintaining Your Disaster Supplies Kit

Just as important as putting your supplies together is maintaining them so they are safe to use when needed. Here are some tips to keep your supplies ready and in good condition:

- Keep canned foods in a dry, cool place.

- Store boxed food in tightly closed plastic or metal containers. All containers should be dated and changed every six months.

- Use items before they go bad and replace them with fresh supplies.

- Update your kit as your family needs change. ❖