



CONIFER LOBOS

TRACK & FIELD CAMP

SUMMER 2018

July 9-13, 9 AM – Noon, \$100 for the week

Location: Conifer High School Track

Open to middle school & incoming freshman athletes

Camp features:

- **Daily instruction and training in Track & Field events including: Distance, Sprints, Hurdles, Jumps and Throws**
- **Seminars on Nutrition, Training and Injury Prevention**
- **Connect with and learn from current Conifer High School Track & Field Athletes and Coaches**
- **Participate in an end of the week ‘twilight’ meet under the Conifer High School lights (Friday night time TBD). Athletes will have the chance to compete at the meet and show off their new skills & training to friends and family**

Primary Contacts:

Angela Potrykus, Head Coach: angelapotrykus@yahoo.com

Brian Stotts, Head Coach: brian.stotts@jeffco.k12.co.us

Reserve your space by June 30, 2018. Checks made out to Conifer High School